

White Ash Brook

Care Home

Providing Residential, Dementia, Respite & Day Care



EACH OTHER CARE
www.eachothercare.co.uk

Who We Are

We are Each Other Care; we own and manage care homes across the Lancashire, Yorkshire, and Essex regions. Our homes provide residential, dementia, respite, and day care services for older people and those with complex nursing needs.

We are a family-owned company with a team that dedicates their lives to caring for people and their families, with compassion, empathy, and dignity at the heart of what we do.



don't hesitate to contact us for further information:

Phone: 01254 394163 Email: manager@whiteashbrook.co.uk

About White Ash Brook

White ash Brook is a warm and friendly care home, providing residential, day, and respite care for older people delivered by our compassionate and experienced care team.

Each person within our home is provided with a safe environment where dignity and independence are nurtured. People in our care experience life in a calm and beautiful environment, with bright and open spaces and the opportunity to socialise or live in privacy. Our team ensures everyone enjoys their time at our home as they dedicate their lives to caring for others and meeting their needs.

“In our home people receive only the highest standard of care and respect. White Ash Brook is a great place to live and work, with a great atmosphere and wonderful people. I want everyone at our home to be happy and content and to be independent to live their lives how they wish, and these are the values that my team and I strive for every day.”



Life at White Ash Brook



Every day is different in our home whether it's a day relaxing in the communal living spaces or one of our theme nights or quiz days, there's always lots to do.

Our rooms are bright and well equipped, all rooms are en-suite, with profiling beds available, plenty of closet space, TV and telephone points, WiFi, and 24- hour call bell.

We serve breakfast, lunch, tea, and supper, with a choice of delicious meals and 24-hour snacks, all prepared fresh by our on-site chefs, who can also cater to special dietary requirements.

“The people who live here, and the team that support them, are the heart of our home.”





“Every day, we create meaningful experiences for everyone living at White Ash Brook.”

People can enjoy our lovely outdoor spaces with gardens, and patio, perfect for enjoying the countryside views and relaxing in the open air.

We have many well-furnished communal areas where people can relax, spend time together or enjoy the activities that happen within the home.

Health and wellbeing are important at White Ash Brook, and our activity coordinator ensures that physical, social, and mentally stimulating activities are available and that people’s needs and interests are taken into consideration.



See more of what we do at The Abbeys at

Types of Care

Residential Care

Our 24-hour residential care is offered to older people who no longer want to or can live in their own homes. Assistance is given with basic needs such as washing, dressing, meals, and healthy living. Our team makes sure people feel settled and supported throughout their time with us.

Dementia Care

We understand the challenge of living with dementia and, we ensure people feel supported, relaxed, and happy in their new home. We take the time to get to know and understand the individual, their likes and dislikes, and enable them to build friendships in a safe and supported environment.



Respite Care

Short stay breaks and respite care is available to people who are cared for in their own homes. Respite care allows families or carers to have a break from their loved one's caregiving responsibilities. This type of care is also an option if recovering after a hospital stay.

Day Care

Day care offers an opportunity for people to enjoy a little extra company, and socialise and meet new friends. People can enjoy a range of activities if they wish, all led by our activity coordinators, and our care team can offer help and support with a range of daily tasks.



“You can pre-book respite & day care up to 12 months in advance, giving you flexibility & peace of mind.”

About our Service

We understand how challenging a decision it can be to go into assisted care, whether for yourself or a loved one. At White ash Brook, our team is trained in advising and offering the best support and, we'll give you all the information you require to enable you to make the best decision for you and your loved ones.

We offer tours of our homes where you can speak to our people and understand the quality of care we offer, and we are always here to answer any questions you may have.

Fees & Assessment

During the pre-admission assessment, we will identify the level of care required. Our fee proposal is dependent on this assessment and the choice of room available. We accept both self-funded and local-authority funded residents. For local-authority funded residents, 3rd party top-up fees may apply. For further information on fees and funding, please contact the home directly.

Additional Services

We can provide several services that may not be covered within the weekly fee. These may include hairdressing, chiropody, toiletries, assisted travel to hospital/appointment, dry cleaning, private in-room telephone line.

Care Planning

Everyone living within the home has a personalised care plan, which is created specifically to their wishes and needs. These plans are regularly reviewed and updated, with the involvement of healthcare professionals and family representatives.



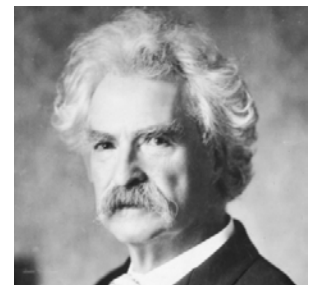
Positivity in Ageing

In the older care sector, we look at ageing differently to most here are a few of our favourite quotes about the positivity of getting older.



“There is a fountain of youth: It is your mind, your talents, the creativity you bring to your life and the lives of people you love. When you learn to tap this source, you will truly have defeated age” – Sophia Loren

“Wrinkles should merely indicate where smiles have been.” – Mark Twain



“Old age is not a surprise, we knew it was coming – make the most of it. So you may not be as fast on your feet, and the image in your mirror may be a little disappointing, but if you are still functioning gratitude should be the name of the game.” – Betty White

“Beautiful young people are accidents of nature, but beautiful old people are works of art” – Eleanor Roosevelt



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We can't wait to hear from you

